
CXVIII. Országos Bajnokság Széchy Tamás emlékére

13.04.-12.04.2016

Continue Event 16 - 400m Freestyle Men Preliminary

Open class

11. Yousef, Allogwhani	1998 KUW Quadsia Sport Club	04:00,50	+07.36	766
RT +0.69 50m: 00:27,47, 100m: 00:57,62 (00:30,15), 150m: 01:27,68 (00:30,06), 200m: 01:58,37 (00:30,69)				
250m: 02:28,88 (00:30,51), 300m: 03:00,05 (00:31,17), 350m: 03:31,04 (00:30,99), 400m: 04:00,50 (00:29,46)				